BACKPACKING CHECK SHEET

Shelter

Item	Scout 1	Scout 2	Notes
Tent			
Ground Cloth			For under tent
Sleeping Bag			May need liner for warmth
Sleeping pad			Optional
Small Tarp			Cover back pack which is outside tent
Blanket			Optional

Personal Gear

Item	Scout 1	Scout 2	Notes
Back Pack			
Water Bottle			
Cup			
Mess Kit			
Utensils			
Knife			
Matches			Keep dry
Stove			Small single burner
First Aid Kit			
Trash Bag			
Compass			
Nylon Cord			
Flash Light			May need extra batteries
Toilet Paper			
Rain Gear			Must have
Water Purifier			Iodine tablets work well

Clothing

Item	Scout 1	Scout 2	Notes
Fleece Jacket			Best but not necessary
Wind Breaker			Very important
Hat			One for day and beenie for night
Wool socks			Beat but not necessary
Poly Liners			Gives socks a layer
Relax shoes			Good for evening
Boots			Make sure comfortable
Non Cotton clothes			Dress in layers, Cotton will draw damp and take to long to dry
Underclothes			Pack for each day change in individual freezer bags

Food	1	2	
Snack			Trail mix
			Personal snack
Breakfast			Hot Chocolate
			Instant Oatmeal
			Bagel
Lunch			Crackers
			Spreadable
			Soup
			Granola bar
Dinner			Schooner packet meal
			1 cup rice
			1 can veg
			1 can cream soup
			1/2 lb meat
			Bread or roll
			Fruit Tart
Breakfast			Hot Chocolate
			Instant Oatmeal
			Bagel
Misc.			
			Fruit juice mix
			Pre butter bagel or bring spread
			Schooner cooked in foil packet
			Trail mix
			Nuts
			Seeds
			Dried fruit
			M&M's